



Food Poverty Subgroup Meeting May 2018

Action Steps:

Confirm food POV meeting location
Confirm tonight meeting location
Agenda for tomorrow and resources
Work for tonight
Clarify where I am at with whom
Cancel ride leader training
Rebook counselling for Monday
Google the five points brewing company

Minutes

Introductions:

- Teresa Webb
- Caroline – Age UK
- Camilla – Be Bright Holiday Meals Provision
- Cher – Director at Be Bright and CCC Club
- Janet Smith – Catering Manager and Senior Contract Manager for Lewisham school meals
 - Can any schools lend a hand for holiday meals project?
- Jon Boagey – Youth First
 - 12 sites across Lewisham, many with kitchens, looking at how they can support vulnerable young people
- Jacque – CHART Carer Son, works at WDVP + Food Project
 - Wants to provide whole package to help with debt, fuel, and other support and provide a helping hand. Not area restricted, helping people.
 - Gradually building up volunteers and need long term volunteers
- Feona – Part-time staff at ChaRT
 - 3 weeks in job.
 - Chinbrook- about supporting area, have Fareshare scheme in local church.
 - Would like to start something around beginning of July. What kind of project?
- Lakhvinder – Public Health Lewisham
 - Supports Healthy Start and Sugar Smart schemes.
 - Can organisations take on Healthy Start?
- Carol Bostridge- Lewisham Food Bank, Trussel Trust Network
- Rachel Ledwith

Pledges, charter, what can you pledge

- Eliza will send out Charter to group
- Jacque: Does fuel poverty link in? Are people aware of the grants available to them? Link up to SELCE
- Janet: What is on the Lewisham council website under 'poverty'?

Beyond the food bank

- Every year sustain ask local authority to fill in beyond food bank report
- Action plan – reflects beyond food bank report and mirrors but now need to look at action plan again and develop a strategy deciding which specific areas to focus on. Look at a wider picture to develop a coordinated approach
- We need to collect info at a high level on a regular basis from food banks so that we can work out demographics attending food banks so we can discuss and develop better ways of approaching
- Kitchens are a major missing link
- Send Feona Lewisham Poverty Commission

Foodbanks Carol Update – Trussel Trust banks only (see ppt)

- Gave away over 3000 food parcels last year
- Everything is donated
- Sort out at warehouse
- Sign up and an give out vouchers – any organisation can have those – put on GFL website
- Do their best to signpost to other help in borough – legal, fuel, help writing forms etc
- Standard food parcel is all long life
- Where carol can get food on morning of distribution have fresh veg
- Now signing up with neighbourly – distribute website – teamed up with Lidl
- All volunteers other than Carol
- 6105 people helped
- ~ 1ton of food per week
- 15% increase in 2016/17 in a wide ethnic mix
- Biggest fear is universal credit – once fully rolled out food bank uptake is projected to go up to 30%
- KNOW that there ARE options to get it paid directly to landlord
- Sugar now taken off parcel list – pledge foodbanks to sugar smart
- Phoenix housing – every Friday morning – cookery club
- Group now coming up – school holidays
- Pets – don't advertise that they collect pet food, but do.
- Also have tonnes of sanitary towels and tampons; giving them away to red box project
- Come down to warehouse to visit – forest hill – next meeting there?
- Give food to Glassmill and London City Mission
- Carol can give Chart what she has too much of, but would need to collect it
- Carol can be creative in what they ask for donations for to tackle different projects
- Lewisham Housing Homeless Trailblazer – working with people at risk of becoming homeless and want to learn more of what is available
- Lewisham Homelessness Forum –
 - Learn more about all issues; Harriet Thomas' email address
 - Meet 6 times a year at Kings church
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Question from Jon: how many are families? Carol can produce whatever stats are needed

- Public Health need whole picture including location-based data as well
 - Data per ward, which organisations have sent them
- Really good databases

Eliza will send out slides and vouchers

Carol will get vouchers to Janet to give to parents

*See contact info for Lewisham Food Bank on final slide. Register online for vouchers

Carol – to redirect volunteers to AgeUK, FareShare and ChaRT

FareShare Update

- Local collection point – point for 6-10 charities to collect their food from to distribute to increase fare shares capacity
- Looking for organisations who want to become members
- Also looking for organisations who want to host
- Van drops off 6-10 charities worth of food who collect food within 3 hours
- Need to be able to store empty chill boxes, as well as tick off organisations as they collect
- Ask for a thank-you for being a host, get membership at rate of collection
- WDCF+ are going to become a local collection as well as a pantry
- Lewisham homes also looking at doing a social pantry as well as Peabody
- FareShare now have an agreement with food industry to be able to provide cold food to individual people with certain processes in place
- Pilot in conjunction with Stockport homes: your local pantry
 - FareShare are nothing to do with the franchise
- Croydon is going very very well and are now opening up a second in Croydon
- Membership ensures that members get wrap-around services – hand up not hand out
 - £3.50 per week membership which equates to 15/20£ of food per week
- Colour coding system
- Need to address underlying issues
- Rachel will be talking to fusion to discuss local collection points
- How much space do you need? White van size you need to cater for a white van full of food
 - Need area for parking that is safe and accessible to building for collection
- ChaRT – local collection point
- Membership – annual or can do a holiday membership
- Open 6 days a week for collection, delivery is once a week
- Membership buys access to a certain amount of food
- Holiday meals – will work best if can be collected on a daily basis
- Meals programme – link with local schools for referrals – Somerville
 - Telegraph hill Paul club – not for profit
 - Link up with telegraph hill local supporters
- FareShare is looking for holiday hunger people by half term
 - Know what kind of food and how much, but don't worry if over estimate
- Also need to know if cooking or not – are actively targeting the surplus food
- List of meal provision in Lewisham – circulate Eliza
- Where is elderly provision?

Healthy start

- Cows' milk, infant formula, vegetables

- In Lewisham have over 50 retailers that accept these from supermarkets to smaller retailers like cost cutters
- Free d scheme- anyone can get free vitamins if pregnant and have young children
- Lewisham uptake is 64% and want to aim for 80%
- Approx 5.5million £ worth of vouchers London-wide are unclaimed
- If someone qualifies they receive their first voucher in under 2 weeks
- For pregnant women it's worth £3.10
- Organisations need to support to help fill out
- Email Lakhvinder if you want her to come and speak to wider team
- Children's centres and pharmacies give out free vitamins – Lakhvinder to send info to ChaRT
- Gwenda to contact food banks to see if can get data on a regular basis
- Data protection – numbers per ward

AOB

- FareShare desperately short for volunteers
 - Eliza will add to newsletter (same one from last time)
 - Pay for travel and generally offer lunch.
- ChaRT need drivers
 - Eliza to put volunteer descriptions into newsletter
- Hither Green Festival
- Teresa – wild food foraging walks
- We may be holding holiday meal focused meeting to run a small-scale provision this summer if we don't get the bid

Food poverty next meeting will be 10-12.30 Thursday 13th September 2018, possibly at ChaRT

- Eliza arrange meeting with Carol, Jon, Gwenda, Eliza and Lakhvinder to go through food bank data
- Attach Healthy Start PowerPoint and Free D leaflets
- Eliza will email Carol / put in touch with Lakhvinder to do a Sugar Smart pledge