

Getting involved in a Community Garden near you is a great way to:

- Connect with nature
- Learn to grow your own food with others
- Volunteer your time and skills
- Meet new people in your community
- Increase your mental health and wellbeing

Which Community Garden is right for you?

Each garden has different features. To help you plan your visit, look out for these icons to see which community garden is right for you.





oilets



Seating Area



Café



Raised Flower Beds

What is Lewisham Local?

Lewisham Local promotes volunteering and can support you to find opportunities to share your time and skills with others in your community. Visit www.lewishamlocal.com for more details.

Receive a Lewisham Local Card for

Volunteering your time in a Community Garden

Volunteers in Lewisham can apply for a free Lewisham Local Card to get discounts in more than 500 independent local businesses, access to community events and receive our monthly newsletter. By volunteering at a community garden, you are eligible for local discounts.



Please note that sessions may vary depending on the time of year and weather, so please check directly with the project for the most up-to-date information.

You can find a digital list on Good Food Lewisham and Lewisham Local's website.

BR1

Grow Lewisham

1 Southview Road, BR1 5RD

Volunteer Times: Sundays 1pm-4pm

Contact: growlewishamnetwork@gmail.com



BR3

Beckenham Place Park Gardeners Cottage

Beckenham Park Place, Beckenham Hill, BR3 1SY

Volunteer Times: Wed and Fri10am-12:30pm, Tue 1:30pm-3.45pm (more

opportunities available)

Contact: BPPgardener@gmail.com



SE4

Breakspear Mews Community Garden

Breakspear Mews, SE4 1PX

Volunteer Times: Wednesdays 4:00-6:00pm, Sundays 2:00-4:00pm

Contact: chair@brockleysociety.org.uk



Brockley Station Community Garden

Coulgate Street, SE4 2RW

Volunteer Times: Every other Sunday 10:00am-12:30pm

Contact: www.brockleycrossactiongroup.co.uk



Crofton Park Railway Garden

Mannock Road, SE4 1EU

Volunteer Times: 2 Sundays a Month from 11:00am, email to confirm dates

Contact: croftonrailwaygarden@gmail.com



Frendsbury Gardens

1 Frendsbury Rd, London SE4 2BL

Volunteer Times: Saturdays 11am-2pm

Contact: friendsoffrendsbury@gmail.com



St. Peter's Garden

St Peter's Brockley, Wickham Road, SE4 1LT

Volunteer Times: Tuesdays 2-4,30pm; Last Saturday of the month 10.30am-

12.30pm

Contact: Whatsapp 7725 107150

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SE₆

Abbotshall Healthy Lifestyle Centre

Abbotshall Road, SE6 1SQ

Contact: info@abbotshallhlc.com



Coco Collective - Ital Community Garden: Bellingham and Catford

The black gate next to 75 Firhill Rd, SE6 3SE & The white gate next to 104

Engleheart Rd, SE6 2HW

Ital Community Garden, Catford Volunteer Times: Wednesday 1pm-4pm, Sun

10am-1pm

Ital Community Garden, Bellingham Volunteer Times: Wednesdays and Sun

12pm-3pm

Contact: cococollective.org@gmail.com



Forster Memorial Park

Closest entrance via Bellingham Road, SE6

Volunteer Times: Fridays 10:30am-12:30pm

Contact: forsterparkfriends.org



Mountsfield Park Community Garden

Stainton Rd, SE6 1AN

Volunteer Times: Sundays 11am-1pm

Contact: mountsfieldpark@gmail.com



Verdant Lane Community Garden

The corner of Pasture Road and Verdant Lane, SE6 1JT

Volunteer Times: Sundays 3:30-5:30pm

Contact: Verdant Lane Lamppost Community Garden Facebook group,

or Theresa Webb at 07734 166738



Wild Cat Wilderness

Gate at no 53 River View Park Road, SE6 4PL

Volunteer Times: Thursday 12-3pm, Friday 10am-1:30pm - check website for

events

Contact: wcw@rgtb.org.uk and www.wildcatwilderness.org



SE8

John Evelyn Community Garden

Windlass Place, off Grove Street, Deptford, SE8 3QH

Volunteer Times: Sundays 2-4pm

Contact: malcompepysforum@gmail.com



The Albany

Douglas Way, SE8 4AG

Volunteer Times: Fridays 12-2pm

Contact: gardening@thealbany.org.uk



SE12

Lee Manor Society Community Garden

Volunteer Times: Every other Sunday 2:30-4:30pm, please check website for dates

at <u>leemanorsociety.org/community-garden/</u>

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Rear of 94 Burnt Ash Rd se12 8PY

SE13

Lewisham Park Herbal Plot

Lewisham Park, SE13 6QP

Contact: 07939660538



St Mary's Therapeutic Garden

346 Lewisham High St, SE13 6LE

Volunteer Times: Tuesday 1pm-3pm

Contact: office@lewishamparish.com



Lewisham Wellbeing Garden

University Hospital, Lewisham High St, SE13 7UW

Volunteer Times: check the information board in the garden for upcoming

sessions



Orchard Garden

Columbine Way London SE13 7LQ

Volunteer times: Friday 10am-12am



Bridgehouse Gardens

61 Rollins Street, SE15 1EP

Volunteer Times: Saturdays 10:00am-12:00pm

Contact: bridgehousegardens@gmail.com



SE23

Devonshire Road Nature Reserve

Nature Reserve, 170 Devonshire Rd, SE23 3SZ Volunteer Times: Last Sunday of the month 1-5pm

Contact: biodiversity@lewisham.gov.uk



Forrest Hill Community Garden

Behind Forest Hill Library, 82 Forest Hill Library Dartmouth Road, SE23 3HZ

Volunteer Times: Thursdays 9:30am-12:30pm

Contact: hello@librarygarden.org.uk



Sydenham Gardens

2A Wyell Road, SE23 2LW

Volunteer Times: Monday 1.30-4pm; Tuesday 10-12.30 and Wednesday 10-

12.30



Blythe Hill Fields

42 Blythe Hill Ln, SE23 1SP

Volunteer Times: second Saturday of the month 10:00 AM 12:30 PM

Contact: secretary@blythehillfields.org.uk check website for dates

www.blythehillfields.org.uk/events



Action for Refugees Lewisham Garden (One Tree Hill)

A garden for sanctuary seekers.

Contact: info@afril.org.uk



Horniman Garden

Volunteer Times: Thursdays 10.00 - 3.00 lunch break 12.30 – 1.30

Contact: volunteering@horniman.ac.uk



* Disclaimer: please note, a listing in not an endorsement and details may change. Most of the projects are volunteer-led so please check with the organiser to confirm details and that the project is a good fit for you and your needs.

If you have noticed a service change, or would like your organisation to be featured, please contact: goodfood@lewishamlocal.com



Good Food Lewisham is a project hosted by Lewisham Local. We are a network of people working to transform the world of food in Lewisham. We are currently funded by Lewisham Council.

This project was made possible thanks to funding from the Greater London Authority - Food Roots 2.







Address: Parkside Community Centre, 1 Copperwood Place, London, SE10 8FY

Charity Number: 1101616



